

# Service Hours & Works of Mercy Pre-Confirmation Service Sheet

starting 9-13-09 and ending 5-16-10

Participate in service to others in the home and community by completing 7 Corporal Works and 7 Spiritual works of Mercy as well as 7 parish service hours. Complete service forms with verifying signature and turn in form for each work/service no later than a month after the work or service was completed.

**"It is not how much we give but how much love we put in the action."**~

**Blessed Teresa of Calcutta**

Name: \_\_\_\_\_

## Corporal Works of Mercy (Mt 25:31-46) 7pts

There are 14 traditional "works" that we are called to participate in. Seven works are concerned with physical needs and are called "corporal (Latin for body) works of mercy". 2 of the 7pts need to be earned as a family. They include:

### 1. Feed the Hungry

- \_\_\_\_\_ Sponsor Family for Thanksgiving or Christmas
  - \_\_\_\_\_ Turn in cans or other non perishables for out reach project.
  - \_\_\_\_\_ Deliver food baskets during Thanksgiving or Christmas Outreach project or help at the Mission
- Family Option:* \_\_\_\_\_ *Family donates to the Rice Bowl for a month*  
\_\_\_\_\_ *as a family take food to a neighbor, Poor Clares or CAM*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

### 2. Give drink to the thirsty

- \_\_\_\_\_ Collect formula, bottles or scrip cards to donate to Birth Right or Rose Garden
  - \_\_\_\_\_ Give money to Hati or countries in need of clean water
- Family Option:* \_\_\_\_\_ *Give up pop or and/or coffee as a family for a week and donate money you would have spent on pop/coffee*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

### 3. Clothe the naked

- \_\_\_\_\_ Donate clothes preferably to Good Will or St. Vincent DePaul, or baby clothes to Birth Right
  - \_\_\_\_\_ Donate mittens, hats, gloves and scarves
- Family Option:* \_\_\_\_\_ *as a family pick one of the above options*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

### 4. Shelter the homeless

- \_\_\_\_\_ Volunteer time at Mission or other shelter
  - \_\_\_\_\_ Help with Habitat for Humanity
  - \_\_\_\_\_ Sponsor a child in need
- Family Option:* \_\_\_\_\_ *as a family pick one of the above options*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

### 5. Visit the sick.

- \_\_\_\_\_ visit the nursing home
  - \_\_\_\_\_ Do something for someone who is ill that they are not able to do for themselves
- Family Option:* \_\_\_\_\_ *Give up pop or and/or coffee as a family for a week and donate money you would have spent on pop/coffee*  
\_\_\_\_\_ *as a family pick one of the above options*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

**6. Visit the imprisoned**

\_\_\_ Fast on Wednesdays for a month for an end to abortion

\_\_\_ Fast on Friday for a month for those who committed or assisted with an abortion

(fasting could be one meal with two small snacks or giving up something you usually consume on a daily basis)

*Family Option:* \_\_\_ as a family talk about inappropriate TV shows and make a commitment not to watch certain things.

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**7. Bury the dead**

\_\_\_ attend or serve at a funeral

\_\_\_ Pray at cemetery for souls in purgatory

*Family Option:* \_\_\_ family does something special to remember and pray for a loved one who has gone before us.

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**Each service is a point regardless of time involved.**

**Spiritual Works of Mercy 7pts**

Each Spiritual Work of Mercy is a point regardless of time involved. You need only 7 pts in this area with at least 3pts coming from the family options.

**1. Admonish the sinner**

\_\_\_ Speak up against immoral behavior

\_\_\_ Speak up when someone uses the Lord’s name in vain or profanity

\_\_\_ Speak up for the culture of Life

\_\_\_ Say something when you see someone being disrespected

*Family Option:* \_\_\_ Have a family discussion on inappropriate TV programs and movies

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**2. Instruct the ignorant**

\_\_\_ Have a conversation on Church teachings

\_\_\_ Attend a Fire Class on Monday evening or donuts-n-doctrine on a Sunday

\_\_\_ Read USCCA chapters when assigned or Bible and discuss with friends or family

*Family Option:* \_\_\_ Discuss catechism questions as a family

\_\_\_ as a family read the Sunday readings prior to Mass

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**3. Counsel the doubtful**

\_\_\_ Bring a friend to Mass

\_\_\_ Talk to a peer or family member about the faith

\_\_\_ Pray the rosary for hearts to be converted to Christ

*Family Option:* \_\_\_ as a family pray for lost souls and lukewarm hearts.

\_\_\_ Family Holy Hour

\_\_\_ Weekday or Saturday Mass as a family.

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**4. Comfort the sorrowful**

\_\_\_ Really listen to a friend who is hurting

\_\_\_ Pray with someone who is hurting

\_\_\_ Send card or care package to someone in need

\_\_\_ visit a nursing home

\_\_\_ make an effort to smile at everyone you pass all day☺

*Family Option:* \_\_\_ pray rosary as a family for someone or one of the above options as a family

Date:\_\_\_\_\_ Duration:\_\_\_\_\_ Pts.\_\_\_\_\_ Verifying Adult Signature:\_\_\_\_\_

**5. Bear wrongs patiently**

- Learn the Act of Contrition
- Receive Sacrament of Reconciliation
- Pray for those who have wronged you
- stayed calm and avoided acting out in anger when wronged

please explain: \_\_\_\_\_

*Family Option:*  *Fast as a family for patients*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

**6. Forgive all injuries**

- Pray the Our Father
- Pray for the ability to forgive and forgive as fast as you can
- Offer up a Mass for the person who caused injury

*Family Option:*  *Pray Divine Mercy Chaplet together*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

**7. Pray for the living and the dead**

- Attend a weekday or Saturday Mass
- Pray the Rosary
- Face to Face time with our Lord in the Blessed Sacrament
- Mediating on Scripture using Lectio Divina

*Family Option:*  *Pray for Poor Souls in Purgatory*

*Family Holy Hour*

*Attend 1<sup>st</sup> Saturday Mass as a family.*

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

**Pre-Confirmation Service Sheet must be turned in on the 2nd Sundays of every month. Please ask your parent or an adult you served during the described time to sign off on your service and Works of Mercy.**

**Requirements for Heroic Works of Charity at Home & Church= 14pts/7pts each**

**Heroic Works at Home—7pts Each point is an hour regarding service at home.**

- extraordinary chores
- babysitting so mom and dad can go on a date
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_

**Heroic Works at Church—7pts Each point is an hour regarding service at St. Patrick Church.**

- Guardians – 1pt for each Mass you serve
- volunteering at “KIDS DAY” for the parish bazaar (1pt for each hour)
- babysitting for Parish Events (during 10 Great Dates, Parish Mission)
- serving as hospitality at Mass
- \_\_\_\_\_
- \_\_\_\_\_

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ Pts. \_\_\_\_\_ Verifying Adult Signature: \_\_\_\_\_